



Gastroenterology Specialists of Oregon, P.C.

PHYSICIANS ◦ NURSE PRACTITIONERS ◦ PHYSICIAN ASSISTANTS

Diabetes Medication Instructions for Upper GI Endoscopy Preparation and Procedure

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The following information is both diet and medication recommendations for our diabetic patients undergoing endoscopic procedures. Please call if you have any questions about these suggestions.

For people with diabetes, any procedure that causes you to miss a meal or change your usual meal plan will require special planning to safely manage blood glucose.

- Schedule the appointment for early in the day so that you can eat afterwards and take your medication as close to the usual time as possible.
- Check your blood glucose level before all meals and at bedtime on the preparation day and on the day of the procedure.
- Check your blood glucose if at any time you have symptoms of low blood glucose or very high blood glucose.

Adjust your diabetic medications on the DAY OF PROCEDURE as follows:

Do not make up or “double up” on any missed medications after the procedure.

| If you take: | Morning |
|--|--------------------------|
| Metformin (Glucophage), Actos, Avandia, Januvia, Janumet, Byetta, Avandamet, Actoplus Met | Take your usual dose |
| Glyburide, Glipizide, Amaryl, Prandin, Starlix, Glucovance, Metaglip, Duetact, Avandaryl | Do not take |
| Lantus | Take ½ of the usual dose |
| Humalog, Novolog, Regular Insulin or NPH Insulin If you use insulin sliding scale, you may continue using it. | Do not take |
| Premixed insulin; 75/25, Novolin 70/30 or Novolog Mix 70/30 | Do not take |

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