

Gastroenterology Specialists of Oregon, P.C.

1508 Division Street Suite 15, Oregon City, Oregon 97045
19250 SW 90th Avenue, Tualatin, Oregon 97062
1003 Providence Drive Suite 110, Newberg, Oregon 97132

Phone number for all locations: 503-692-3750

PREPARATION FOR ERCP
(Endoscopic Retrograde Cholangiopancreatography)

SPECIAL INSTRUCTIONS

IF YOU TAKE COUMADIN, BLOOD THINNING MEDICATIONS, PLAVIX, INSULIN OR DIABETIC MEDICATIONS, PLEASE CALL OUR OFFICE AT 503-692-3750 FOR FURTHER INSTRUCTIONS.

NOTE: TAKE ALL OTHER MEDICATIONS AS PRESCRIBED

DAY BEFORE THE PROCEDURE:

- 1) Avoid eating solid food late in the evening, after 10:00 PM.
- 2) Avoid antacids such as Mylanta or Maalox 12 hours prior to procedure.

DAY OF PROCEDURE:

DO NOT EAT ANY SOLID FOOD. IF TIME PERMITS, YOU MAY HAVE A CLEAR LIQUID DIET UP UNTIL **FOUR (4) HOURS** BEFORE THE PROCEDURE.

FOR EXAMPLE, IF YOUR PROCEDURE IS AT 4:00PM, YOU MAY HAVE CLEAR LIQUIDS UNTIL 12:00PM, THEN NOTHING BY MOUTH UNTIL AFTER YOUR PROCEDURE.

CLEAR LIQUID EXAMPLES

**Black coffee, Tea; black, green or herbal (no milk or cream)
Carbonated beverages: soda, ginger ale, mineral or sparkling water
Gatorade-type drinks (no red colored drinks)
Flavored JELLO (no fruit added or red colored flavors)
Pulp-free fruit juices (for example, apple or grape)
Popsicles with no fruit pulp or seeds
Broth or consommé: beef, chicken or vegetable
Plain hard candy (Lemon drops, Lifesavers, Jolly Ranchers)**

- 1) Report to the designated location at the admitting time. Please wear comfortable clothing, preferably a two-piece outfit. We will provide an area for you to place your clothing and personal items. Please leave any valuables at home. We will not be responsible for any lost, stolen or damaged items.

For the safety of our staff and patients, we ask that you leave any weapons at home.

- 2) **BECAUSE YOU WILL BE SEDATED, YOU WILL NEED SOMEONE TO DRIVE YOU.**
 - i. **THE DRIVER MUST REMAIN ON SITE. WE WILL NOT DO THE PROCEDURE IF THE DRIVER LEAVES.**
 - ii. **TAXI DRIVERS are NOT permitted to take you home.**

- 3) The procedure usually takes about 1 – 1 ½ hours.

- 4) You will be ready to leave about 4 hours after you arrive.

The sedative medication affects your judgment. Therefore for the rest of the day, you will be instructed to:

- NOT operate a car or machinery
- NOT make any significant decisions
- NOT sign any legal documents
- NOT consume any alcoholic beverages

**IF YOU HAVE ANY QUESTIONS REGARDING THIS PREPARATION OR PROCEDURE,
PLEASE CALL:**

503-692-3750

This number will reach the answering service after hours.